



Friday 6th February 2026



Dear Parents and Carers,

We are pleased to invite you to attend another of our school 'Wellbeing Wednesday' events, taking place on Wednesday 11th February from 3:20pm until 4:15pm in the school hall.

This event is a fantastic opportunity to come along and talk to a range of professionals who offer such vital support within our community. They will be available to share information about the work they do and how they can support you and your family, should you feel you need any additional help or guidance.

The following services will be attending:

- WEST
- Vennture
- Home-Start
- School Nursing Team
- HOPE Support Services
- Talk Community
- Active Families

We are also delighted to welcome our school lunch providers, Miquill, who will be providing a range of hot food and desserts for you to sample free of charge.

These organisations are here to listen, offer advice, and help connect families with the right support.

At this event, there will also be a raffle where all prizes are ones that can support with positive wellbeing and mental health – fruit hampers, sports equipment etc. Tickets will be £1 per strip, cash only. We will draw the raffle in Celebration Assembly.

We hope you are able to join us to make the most of this valuable opportunity.

Kind regards,

Miss N Exley

Pastoral and Sports Lead

Kingstone, Hereford HR2 9HJ • Tel 01981 250338

Email: ktpadmin@kingstoneacademy.co.uk • www.kingstone-thruxtion.hereford.sch.uk

Head of School: Mrs Amy Preece